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START FREE TRIAL

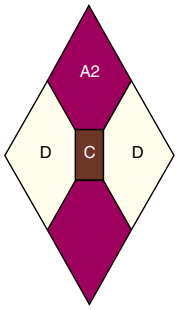
Bow Ties

Design by Nancy McNally

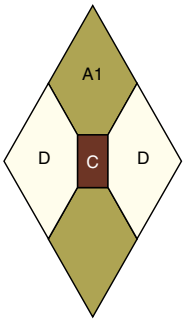
Are you up for a challenge? Perfect your technique for making "Y" seams while you create a stunning throw-size quilt.

Project Specifications

Skill Level: Advanced
Quilt Size: 55¾" x 58"
Block Size: 8" x 14"
Number of Blocks: 23



Mulberry Bow Tie
8" x 14" Block
Make 8



Green Bow Tie
8" x 14" Block
Make 15

Materials

- 1 yard brown solid
- 2¼ yards green solid
- 2⅜ yards mulberry solid
- 3¾ yards cream solid
- Backing 64" x 66"
- Batting 64" x 66"
- Neutral-color all-purpose thread
- Quilting thread
- Template material
- Basic sewing tools and supplies

Cutting

1. Prepare templates using pattern pieces given; cut as directed on each piece, setting aside B, C, G and H pieces to cut from leftover brown solid from cutting in steps 5 and 6.

2. Cut three 3½" by fabric width I strips green solid.

3. Cut two 3½" x 40¼" J strips green solid.

4. Cut six 2¼" by fabric width strips green solid for binding.

5. Cut one 3½" by fabric width strip brown solid; subcut into four 3½" R squares. Use remainder of strip to cut B, C, G and H pieces.

6. Cut one 5½" by fabric width strip brown solid; subcut into four 5½" Q squares. Use remainder of strip to cut B, C, G and H pieces.

Completing the Blocks

1. Transfer seam-allowance dots from templates to each pattern.

2. To make one Green Bow Tie block, select and join two A1 pieces with C at the short ends, stopping stitching at the marked dots as shown in Figure 1; press seams toward A1.

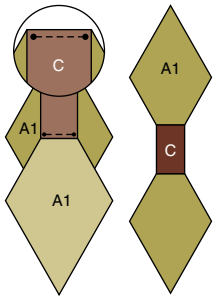


Figure 1

3. Sew a D piece to one side of the A1-C unit starting stitching at one marked seam-allowance dot on the D piece and stitching to the opposite marked end as shown in Figure 2.

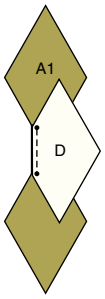


Figure 2

4. Starting at the inside edge of D, sew D to one side of one A1 piece referring to Figure 3.

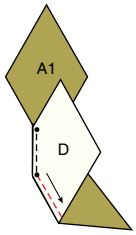


Figure 3

5. Repeat step 4 with the other inside edge of D and the second A1 piece to complete one side of the block referring to Figure 4.

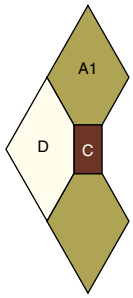


Figure 4

6. Repeat steps 3–5 with a second D piece on the opposite side of the pieced section to complete one Green Bow Tie block as shown in Figure 5.

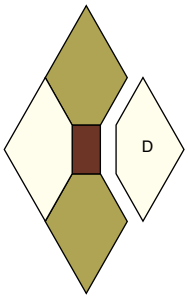


Figure 5

Tip

Use a small hole punch to cut holes at seam intersections on templates as marked on patterns with dots. Place the template on the wrong side of fabric piece and use a fabric-marking pen inserted in each punched hole to mark seam intersections.

7. Press seams toward D.

8. Repeat steps 2–7 to complete a total of 15 Green Bow Tie blocks.

9. Repeat steps 2–7 with A2 pieces to complete a total of eight Mulberry Bow Tie blocks referring to Figure 6.

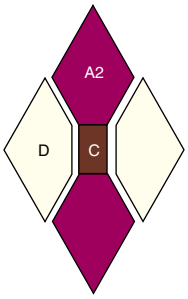


Figure 6

Completing the Pieced Units

1. Select one each A2, B, E and ER piece to make one top/bottom unit.

2. Sew B to A2 and set in E and ER with set-in or Y seams to complete one top/bottom unit as shown in Figure 7; press seams toward B and then E and ER.

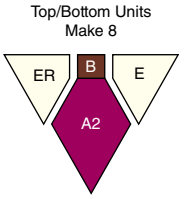


Figure 7

3. Repeat steps 1 and 2 to complete a total of eight top/bottom units.

4. To complete one side unit, select one each D, H, F and FR piece.

5. Join the F and FR piece with H and set in the D piece referring to Figure 8; press seams toward H and then D. Repeat to make a total of four side units.

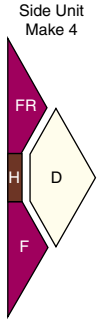


Figure 8

6. Select one each F, G and E piece to make one corner unit.

7. Sew G to F and set in E to complete one corner unit referring to Figure 9; press seam toward G and then E. Repeat to make a second corner unit.

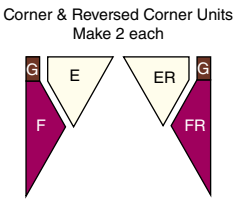


Figure 9

8. Repeat step 7 with G, FR and ER pieces to make two reversed corner units, again referring to Figure 9.

Completing the Top

1. Arrange and join the pieced blocks with the top/bottom units, side units, corner and reversed corner units to make diagonal rows referring to Figure 10; press seams in adjacent rows in opposite directions.

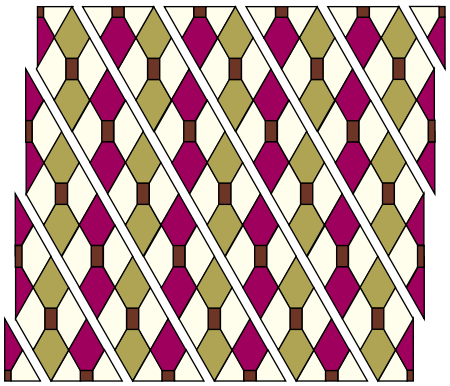


Figure 10

2. Join the rows to complete the pieced center; press seams in one direction.

3. Join I strips on the short ends to make a long strip; press seams open. Subcut strip into two 3½" x 42½" I strips.

4. Sew I strips to opposite sides of the pieced center; press seams toward I strips.

5. Sew an R square to each end of each J strip; press seams toward J. Sew these strips to the top and bottom of the pieced center; press seams toward the R/J strips.

6. Sew M to opposite sides of K1 as shown in Figure 11; press seams toward M. Repeat to make a second K1-M unit.

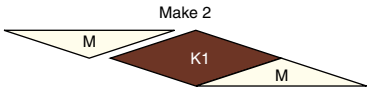


Figure 11

7. Sew M to K2 and add L and LR to make a side end unit as shown in Figure 12; repeat to make a second unit. Sew these units to one K1-M unit to complete one side strip as shown in Figure 13. Repeat to make a second side strip.

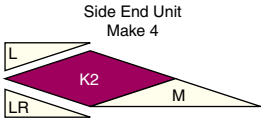


Figure 12

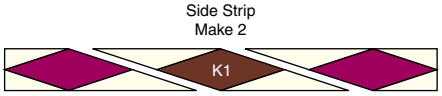


Figure 13

8. Repeat steps 6 and 7 with the N1, N2, O, OR and P pieces to make a top and a bottom strip as shown in Figure 14.

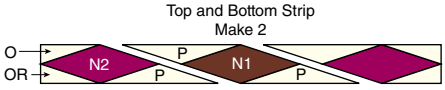


Figure 14

9. Sew a Q square to opposite ends of each top and bottom strip; press seams toward Q.

10. Sew a side strip to the I sides and the top and bottom strips to the J sides of the bordered center to complete the quilt top referring to the Placement Diagram; press seams toward the I and J strips.

Completing the Quilt

1. Sandwich the batting between the pieced quilt top and the prepared backing piece; pin or baste layers together to hold. Quilt as desired by hand or machine.

2. When quilting is complete, trim batting and backing fabric even with raw edges of the quilt top.

3. Join previously cut binding strips on short ends with diagonal seams to make one long strip as shown in Figure 15; trim seams to ¼" and press seams open.

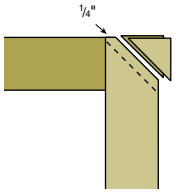
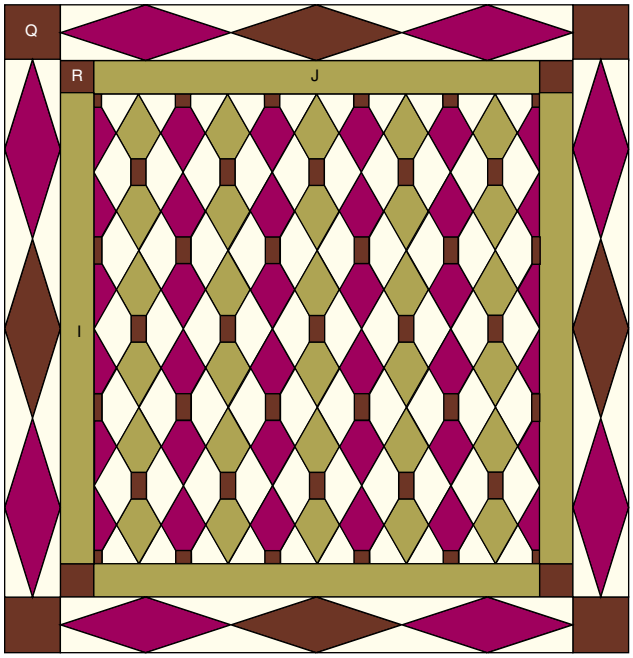


Figure 15

4. Fold the binding strip with wrong sides together along length; press.

5. Sew binding to the quilt edges, mitering corners and overlapping ends. Fold binding to the back side and stitch in place to finish the quilt. ■



Bow Ties
Placement Diagram 55¾" x 58"

Tip

To make set-in or Y seams, it is important to mark the seam-allowance intersections and stop sewing at the marks to allow the fabric to turn after the seam has been stitched.

To make a Y seam, start stitching from the inside marked seam and stitch toward the outer edge of the seam. In most cases, the seam ends at the edge of the fabric as shown in Figure 16. However, in this project, the beginning and ending of the seams between the C and A pieces are marked dots at the seam allowances as shown in Figure 17.

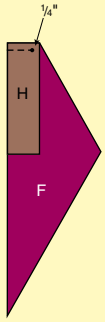


Figure 16

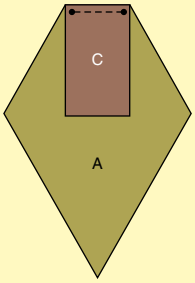
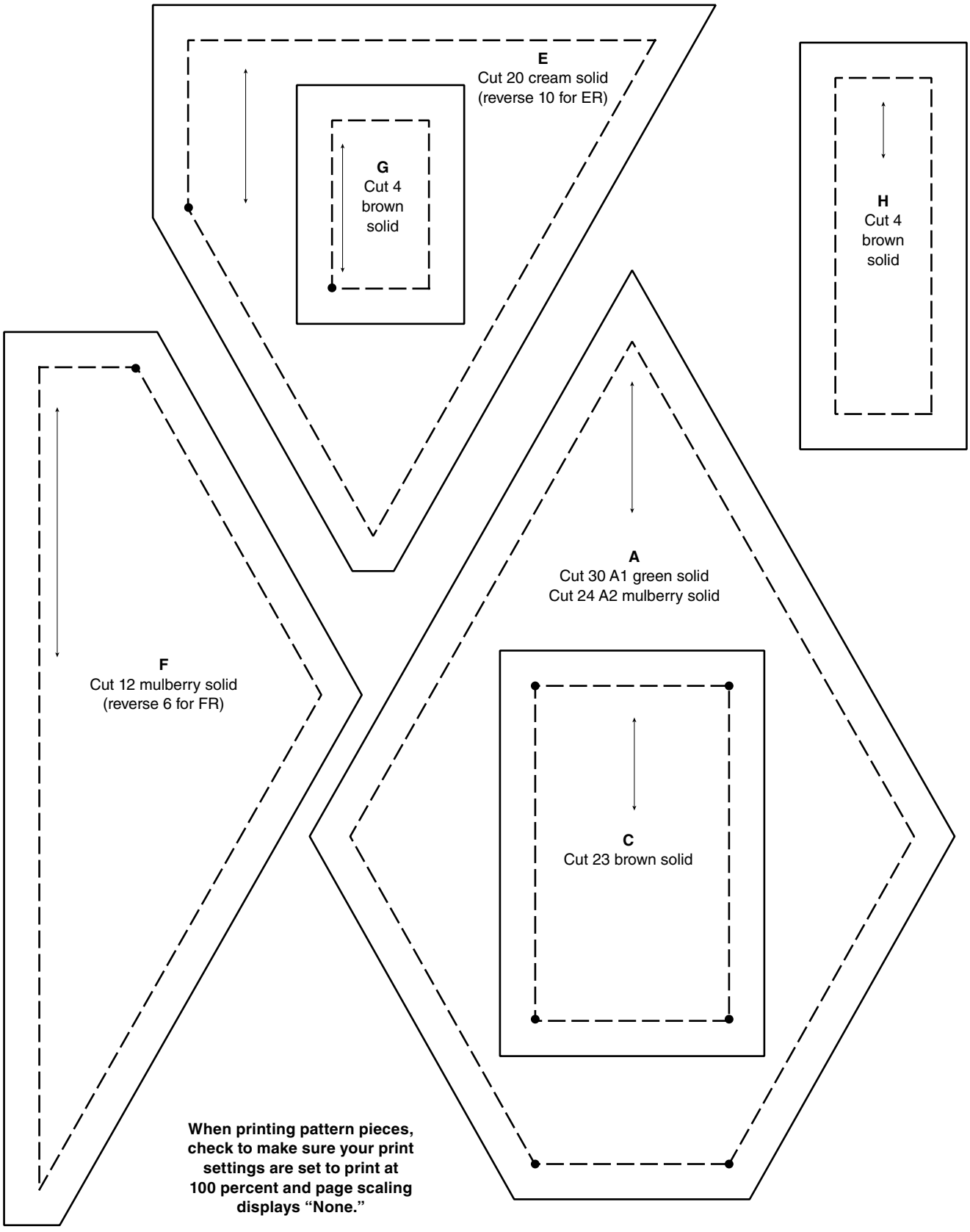


Figure 17

It is important to secure the stitching with reverse stitches at the end of Y seams because these seams are not included inside another seam, so they can easily come apart when stressed.

Bow Ties

Continued



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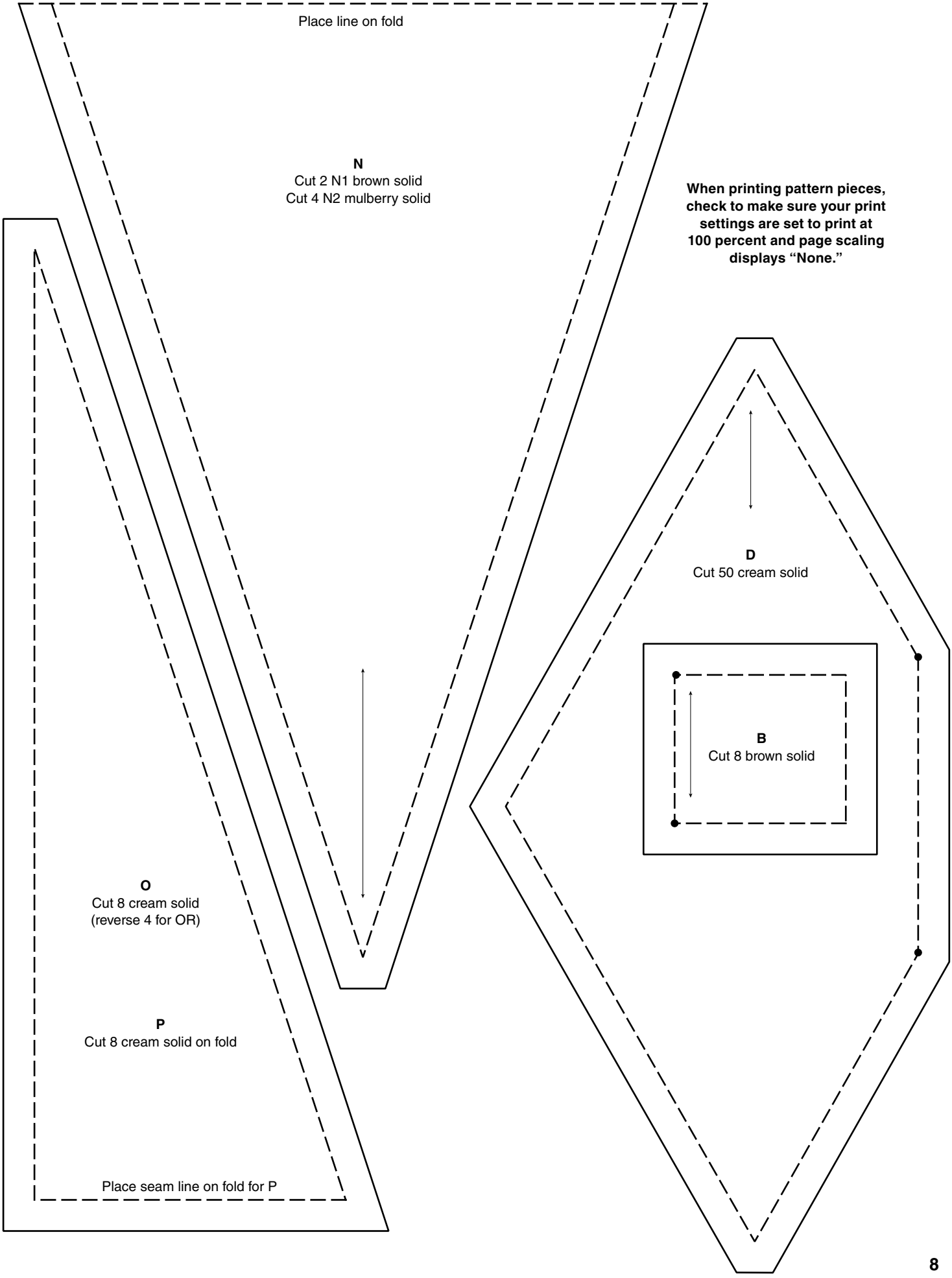
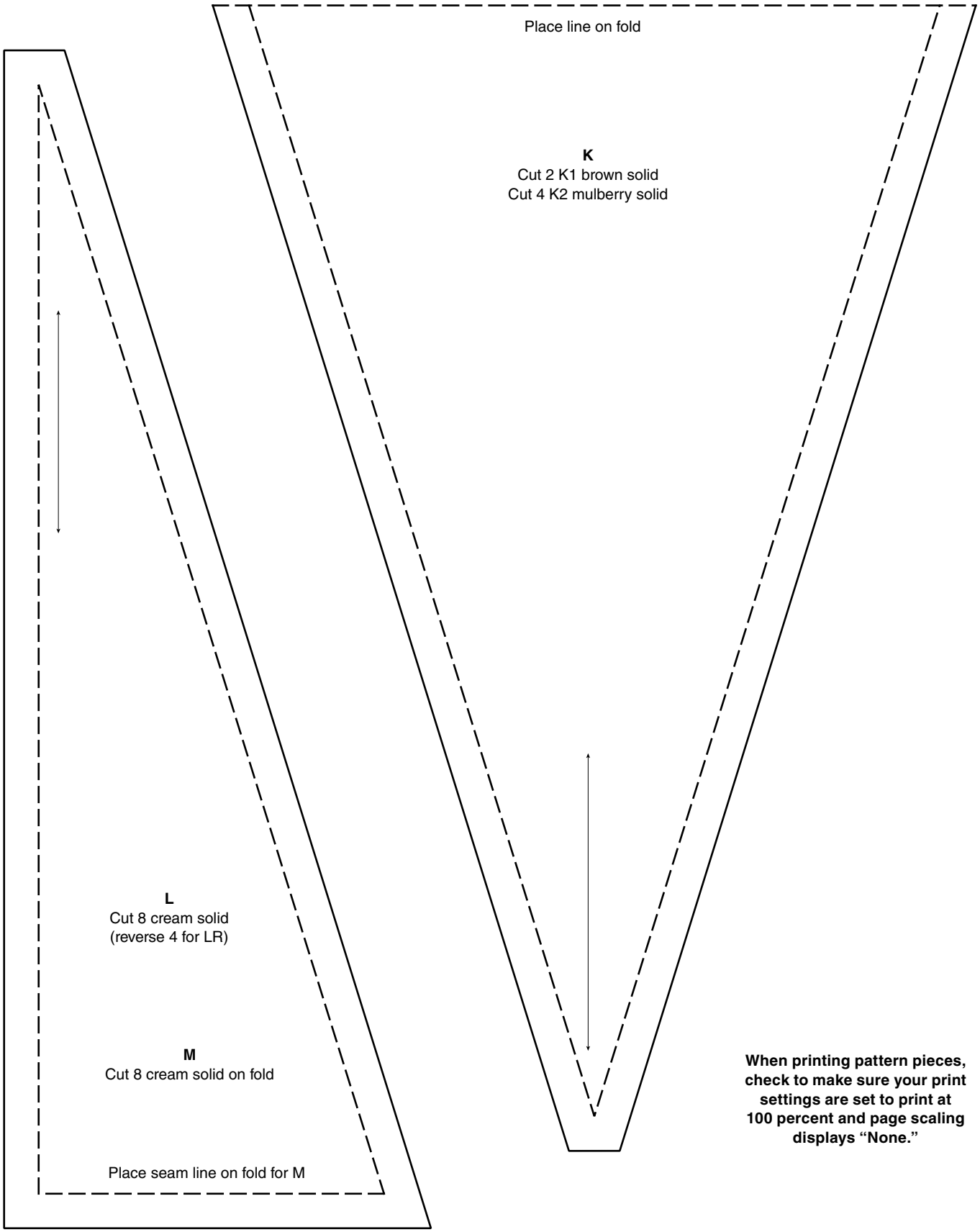

Place line on fold
N
Cut 2 N1 brown solid
Cut 4 N2 mulberry solid
When printing pattern pieces, check to make sure your print settings are set to print at 100 percent and page scaling displays "None."
D
Cut 50 cream solid
B
Cut 8 brown solid
O
Cut 8 cream solid
(reverse 4 for OR)
P
Cut 8 cream solid on fold
Place seam line on fold for P



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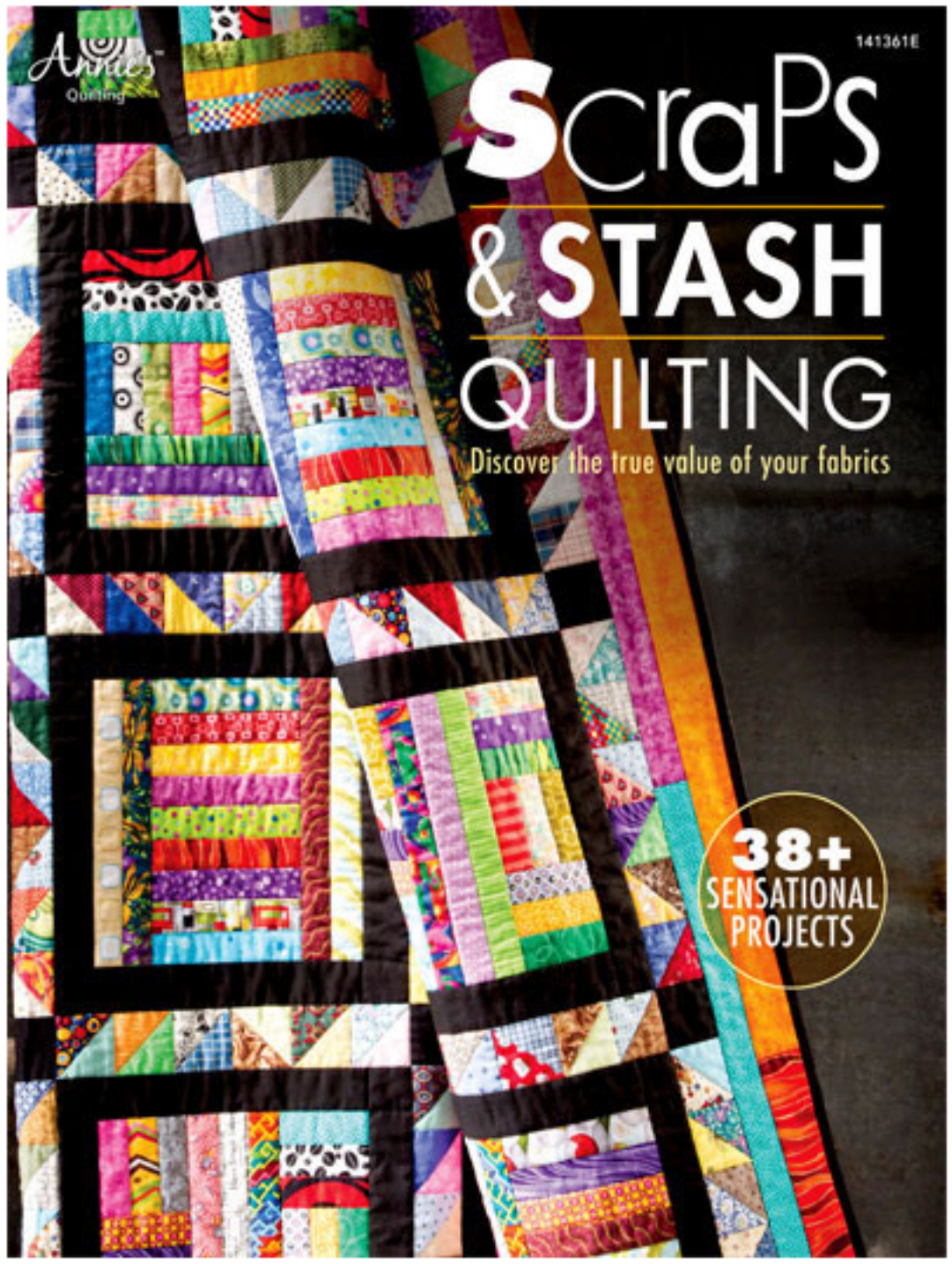

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