

Free Face Mask Patterns



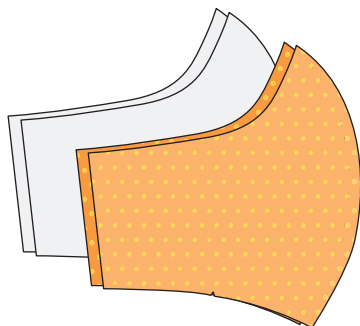
Comfort Face Mask

designed for protection and comfort in 3 sizes

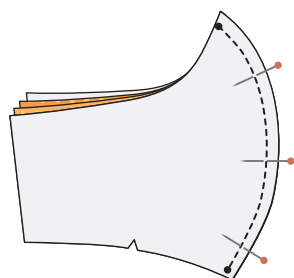


This pattern accompanies the mask tutorial on the Modern Quilt Studio YouTube channel. We recommend prewashed and dried cotton quilting fabric or high-thread count cotton fabric. Avoid light blue fabrics that can be mistaken for medical-grade masks. Using patterned fabric for the front and solid fabric for the liner makes the orientation more clear. Use binding tape, twill tape, shoestrings or ribbon for ties or make elastic loops.

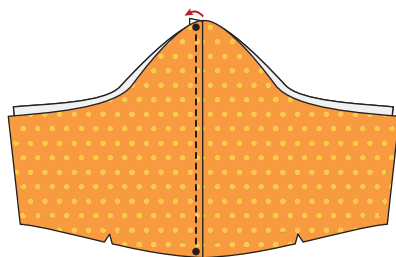
The following directions apply to all three sizes.



1. Transfer desired size template (S,M,L) onto cardstock or template plastic. With right sides together, using template, cut out 2 pieces of front fabric, then cut out 2 pieces of interfacing, marking notch for elastic.



2. Align and pin 4 layers: interfacing, two pieces of front fabric **with right sides together** then one more layer of interfacing at the curved edges. Sew $\frac{1}{4}$ " from the edge, backtacking at start and end.

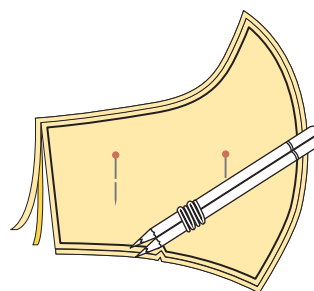


3. Looking from the front, press seam allowance to the left. Top stitch $\frac{1}{8}$ " to the left of the fold. Take your time as this may be a bit awkward with the curvature of the mask.

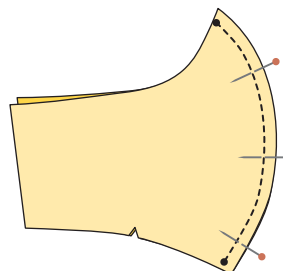
MATERIALS	Large	Medium	Small
Front fabric	9"x9"	8"x8"	7"x7"
Liner fabric	9"x9"	8"x8"	7"x7"
Interfacing	9"x9"	8"x8"	7"x7"
Channel fabric	7½"x1"	6½"x1"	5½"x1"
Tie	44"	42"	40"
Wire	7"	6"	5"
Elastic (¼")	4"	3½"	3"

Note: Use sew-in interfacing, do **not** use fusible interfacing

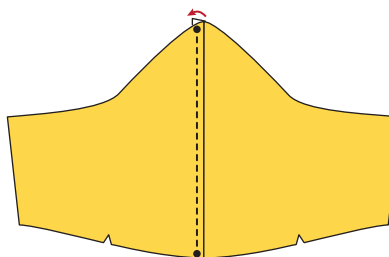
Tools: Scissors, pins, thread, sewing machine, pencils.
Optional: needle-nose pliers, Clover binding tape maker, Clover Wonder Clips (to use in place of pins)



4. With right sides pinned together, using template, cut out 2 pieces of lining fabric. With two pencils rubber banded together, draw a line $\frac{1}{4}$ " from the edge (see video). Cut midway between the line and the edge to trim outer $\frac{1}{8}$ ".



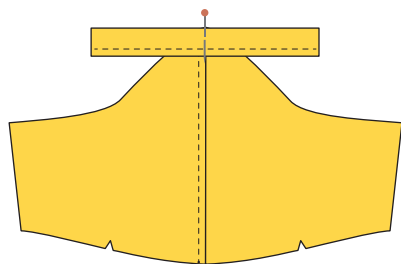
5. With right sides together, align and pin at the curved edges. Sew $\frac{1}{4}$ " from the edge, backtacking at start and end.



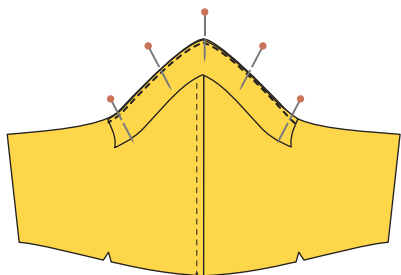
6. Looking from the front, press seam allowance to the left, just as you did in step 3. Top stitch $\frac{1}{8}$ " to the left of the fold.



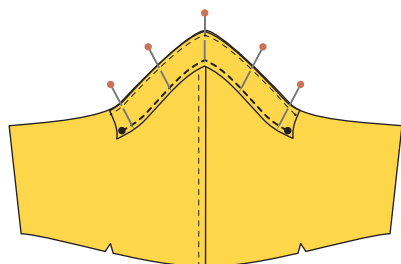
7. With right side down, fold edges of channel fabric in $\frac{1}{4}$ ". Fold bottom up $\frac{1}{4}$ " and stitch, backtacking at ends.



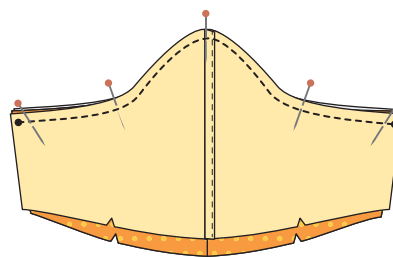
8. Fold channel in half to find midpoint. Align and pin top centers of channel and lining unit, right sides facing up.



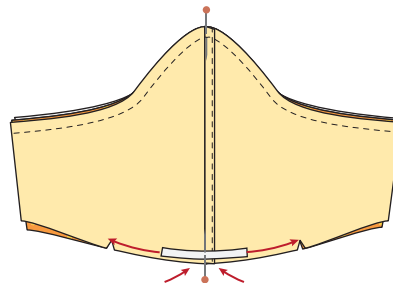
9. Bend channel, aligning raw edges on top, then pin. Sew $\frac{1}{8}$ " from the top edge.



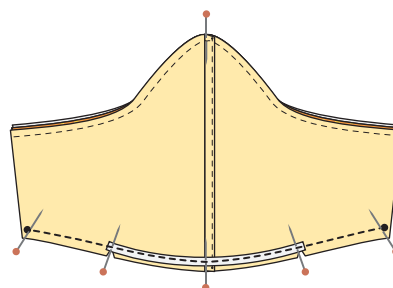
10. Sew $\frac{1}{8}$ " from the bottom edge, backtacking at start and end.



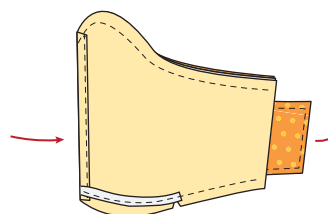
11. With right sides of front/interfacing unit and liner together, align and pin the top centers and edges. Sew $\frac{1}{4}$ " from the edge, backtacking at start and end.



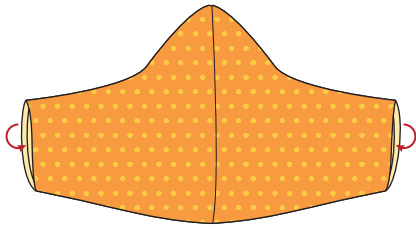
12. Fold elastic in half lengthwise to find its center. Align bottom edges of interfacing, front and back. Centering elastic on center seam of the bottom edge. Pin.



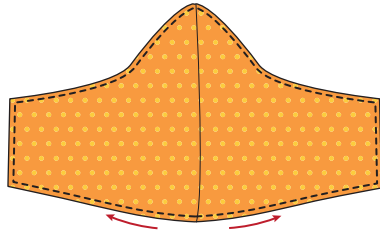
13. Stretch elastic and pin at notches. Make sure all layers align at the bottom. The front unit is larger, so there will be excess fabric in the interfacing and front fabric until it is turned right side out in the next step. Sew $\frac{1}{4}$ " from the bottom edge, backtacking at start and end.



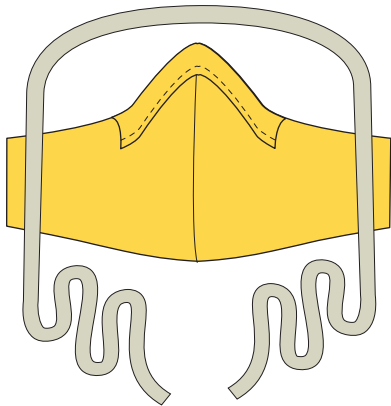
14. Turn right side out, pulling gently through the side opening.



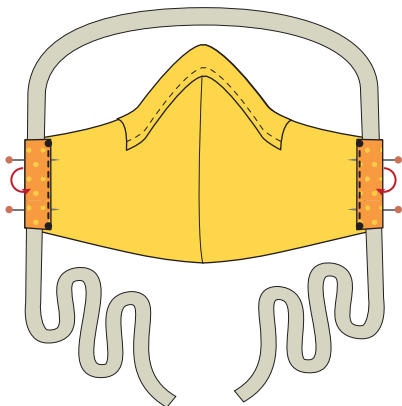
15. Fold edges in $\frac{1}{4}$ ", then press entire mask.



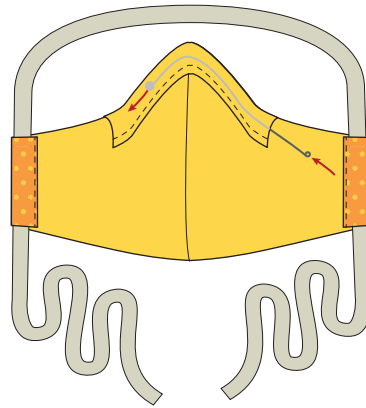
16. Topstitch $\frac{1}{8}$ " from the edge, with elastic stretched fully open.



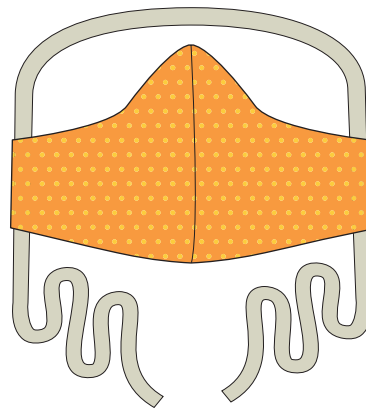
17. Place tie on top of lining side, $\frac{3}{4}$ " from the edges.



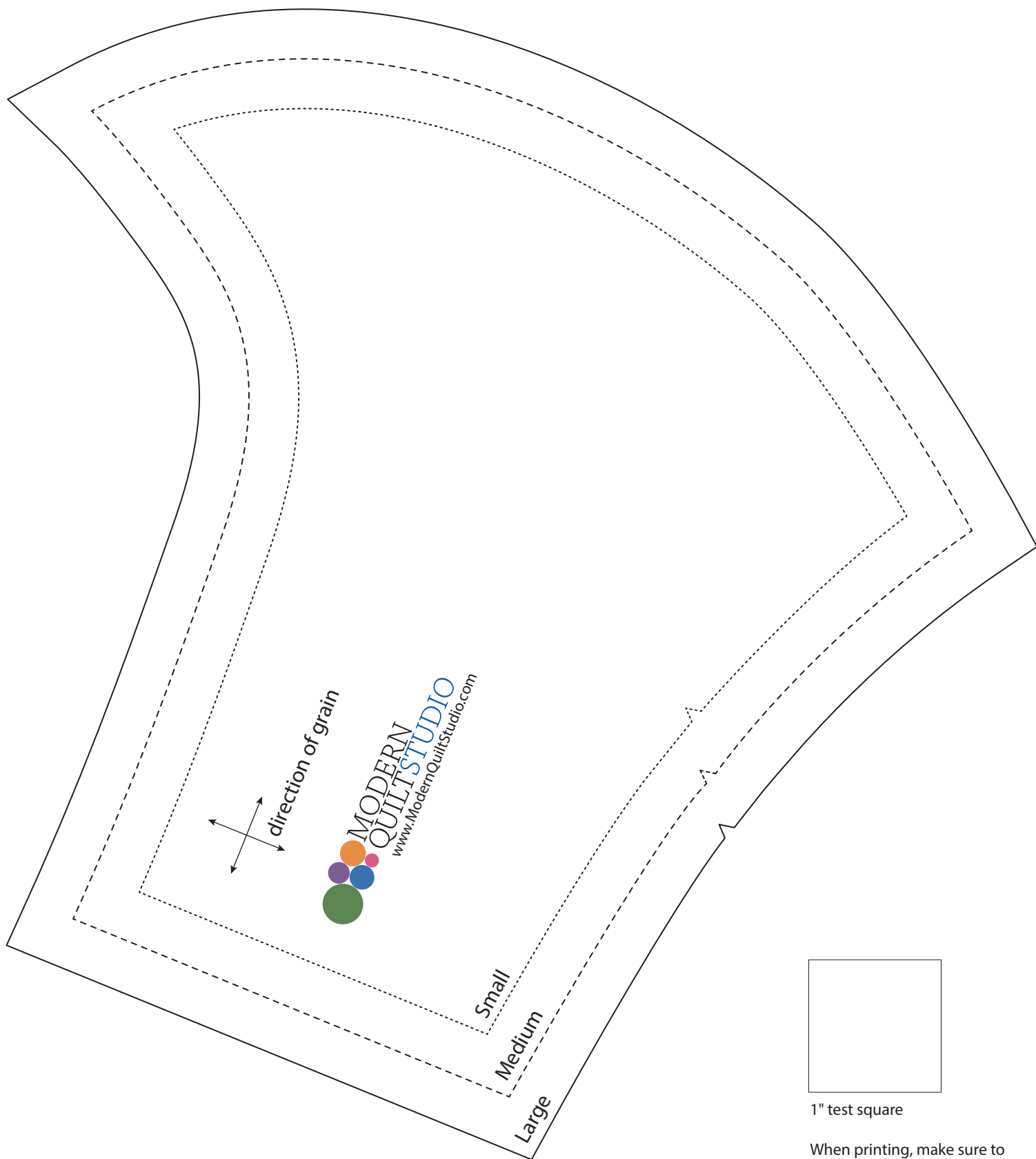
18. Fold edges over and pin. Stitch $\frac{1}{8}$ " from the edge, backtacking. Make sure not to stitch the tie in place.



19. Slide flexible wire in channel. Loop the ends for safety and/or encase the wire in fabric. See video for details.



20. You're done! This design allows you to tie the mask behind your neck, allowing for one handed removal without touching the exposed front of the mask. If you'd prefer to have it tie on top, invert the tie in step 18.



Cotton face masks don't filter Covid-19 or other viruses but are recommended by the CDC. Never place a mask on a child under the age of 2, on a person in respiratory distress or on a person who is unable to remove it. Use any mask at your own risk.

When printing, make sure to turn off the "scale to fit" option (this feature may have different names for different printers) so the pattern is printed at actual size and not enlarged or reduced. The above square should measure exactly 1"x1".

Pleated Face Mask

no elastic needed, 3 sizes



MODERN
QUILTSTUDIO



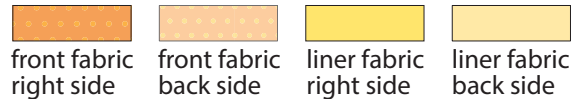
YouTube
click for tutorial

This pattern accompanies the mask tutorial on the Modern Quilt Studio YouTube channel. We recommend prewashed and dried cotton quilting fabric or high-thread count cotton fabric. Avoid light blue fabrics that can be mistaken for medical-grade masks. Using patterned fabric for the front and solid fabric for the liner makes the orientation more clear. Use binding tape, twill tape or ribbon for ties.

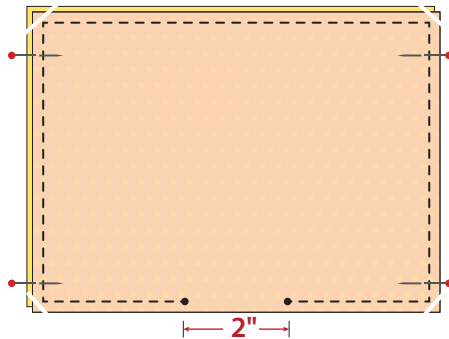
The following directions apply to all three sizes.

MATERIALS	Large	Medium	Small
Front fabric	9½"×7"	9"×6¼"	8"×5½"
Liner fabric	9½"×7"	9"×6¼"	8"×5½"
Channel fabric	3"×5" (2 pcs)	3"×4¼" (2 pcs)	3"×3½" (2 pcs)
Tie	44"	42"	40"
Wire	4"	3½"	3"

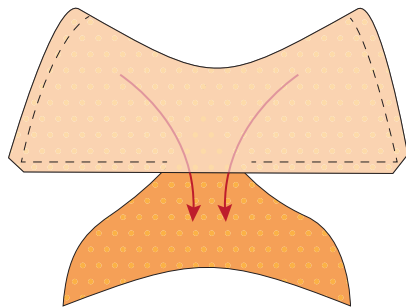
Tools: Scissors, pins, thread, sewing machine, safety pin.
Optional: jeans needle, needle-nose pliers, Clover binding tape maker, Clover Wonder Clips (to use in place of pins)



----- sew •-----• sew with backtacking



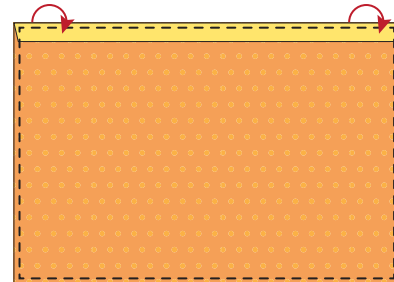
1. Cut fabrics desired size according to materials chart above. Align and pin the front and liner fabrics right sides together. Sew ¼" from the edge, backtacking at start and end, leaving a 2" opening at the bottom.



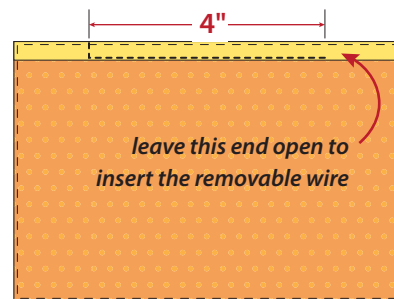
2. Carefully turn right side out, pulling the fabric through the opening and pushing out corners from inside.



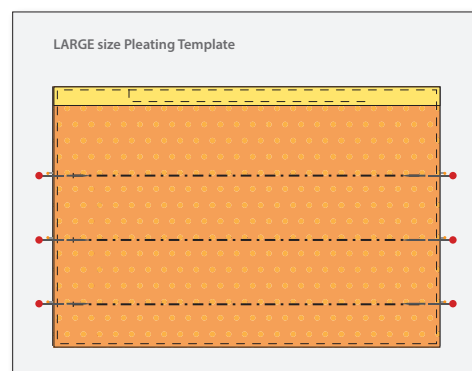
3. Fold seam allowance of opening inside, then press flat.



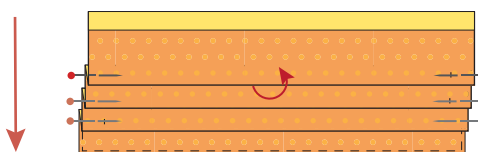
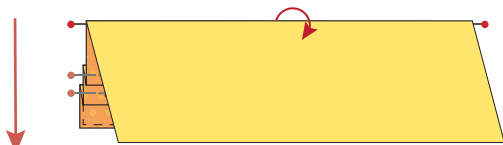
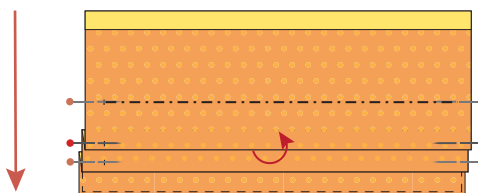
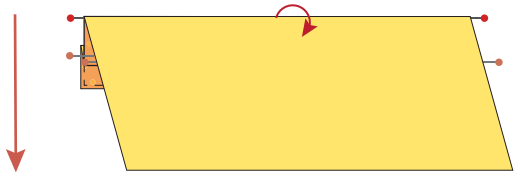
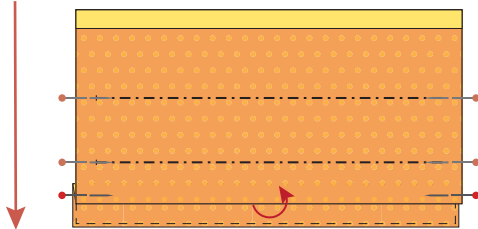
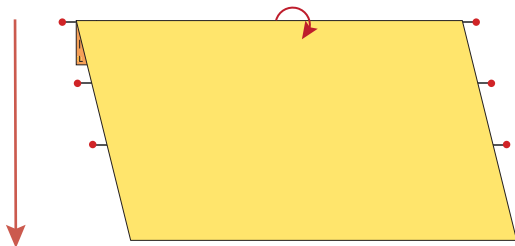
4. Fold top ½" to front, exposing liner fabric, then sew ⅛" in from edge.



5. Sew 4" wire channel centered on mask. Leave one end open and one closed, making sure to backtack.

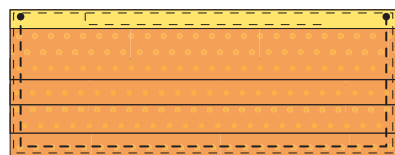


6. Print pleating template for the size you are making (small, medium or large). Align mask on template and insert pins at marked points. If you don't have access to a printer, measure and pin as shown on the template.

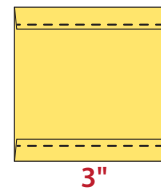


7. Fold down on bottom pleat line.
Fold back up, creating a 1/2" pleat.
Pin pleat in place.

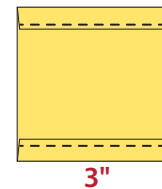
Repeat to make two more pleats.



8. Using a jeans needle (if you have one), stitch 1/4" from edge around sides and bottom, backtacking for durability.

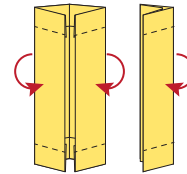
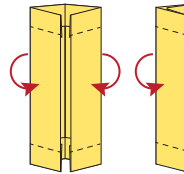


3"

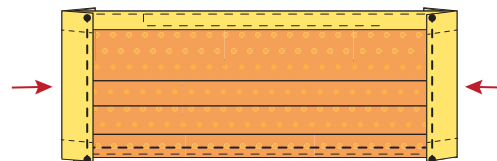


3"

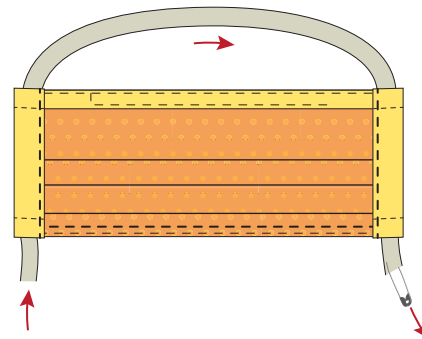
9. Fold tops and bottoms of 3"-wide channel pieces in about 1/4", then sew flat.



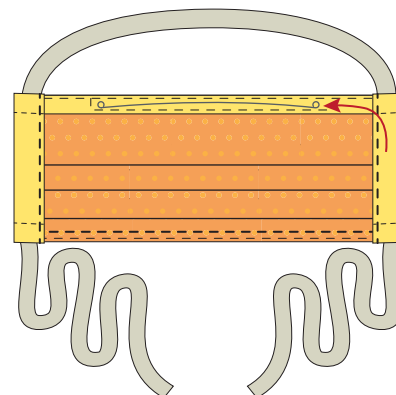
10. Fold edges of each piece in to the center, then fold in half.



11. Sandwich pleated mask between folded channel pieces, then topstitch 1/8" from inner edges, backtacking at ends.



12. With safety pin on end of tie, feed tie through the channels starting at the bottom.

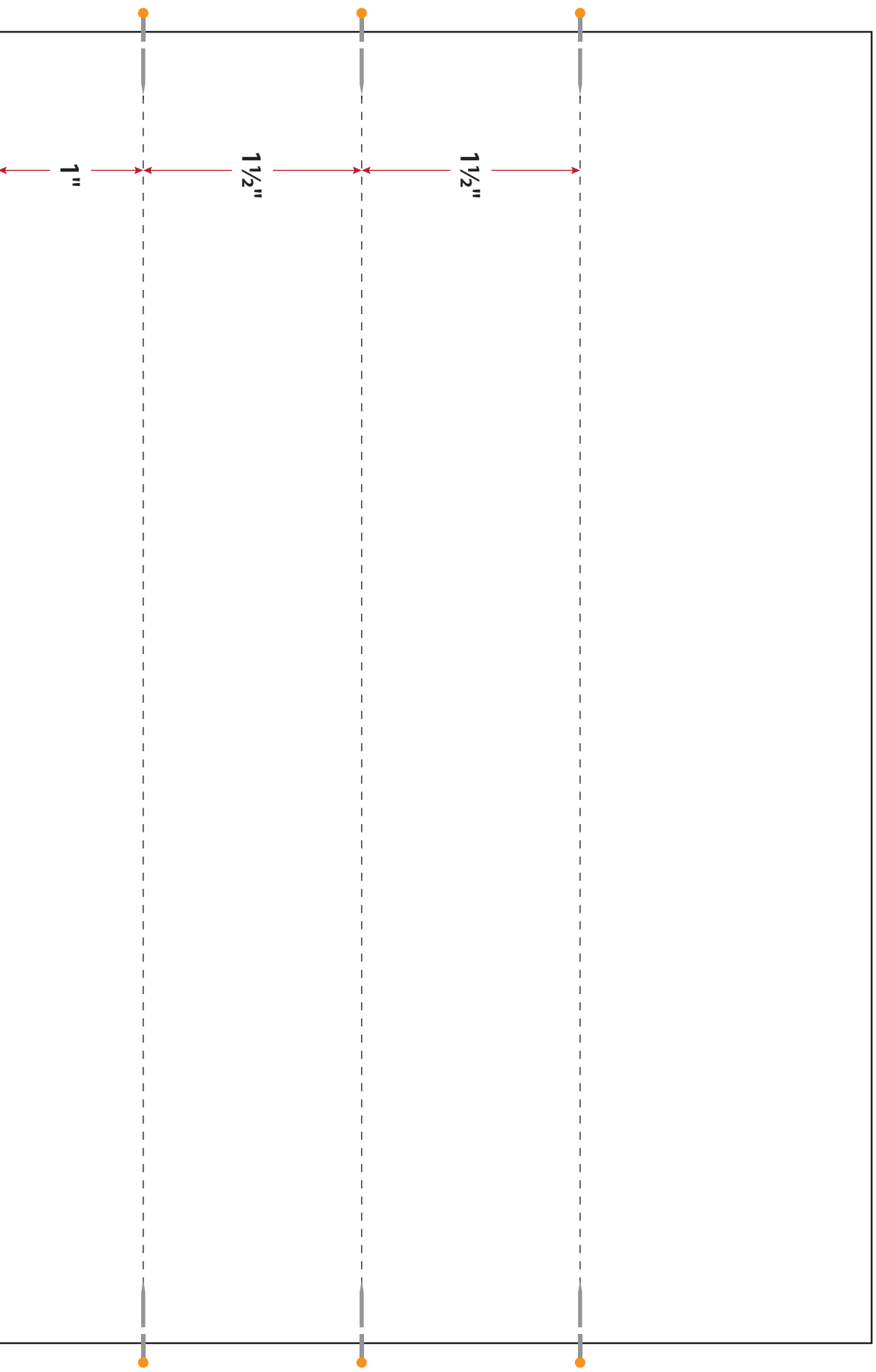


13. Insert nose wire (don't forget to remove it when washing!) This design allows you to tie the mask around your neck, allowing for one handed removal without touching the exposed front of the mask. If you'd prefer to have it tie on top, invert the tie in step 12.

LARGE size Pleating Template



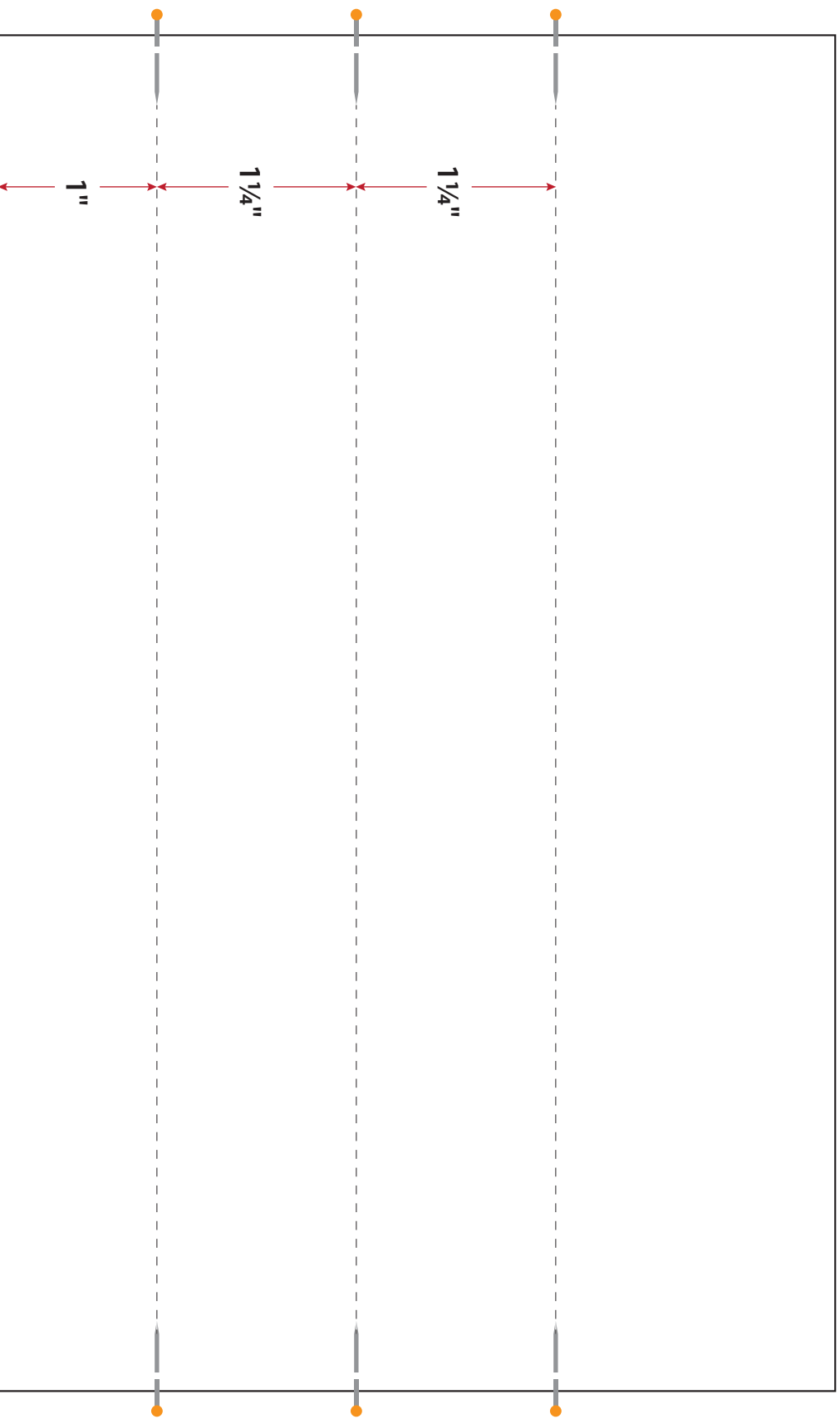
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MEDIUM size Pleating Template



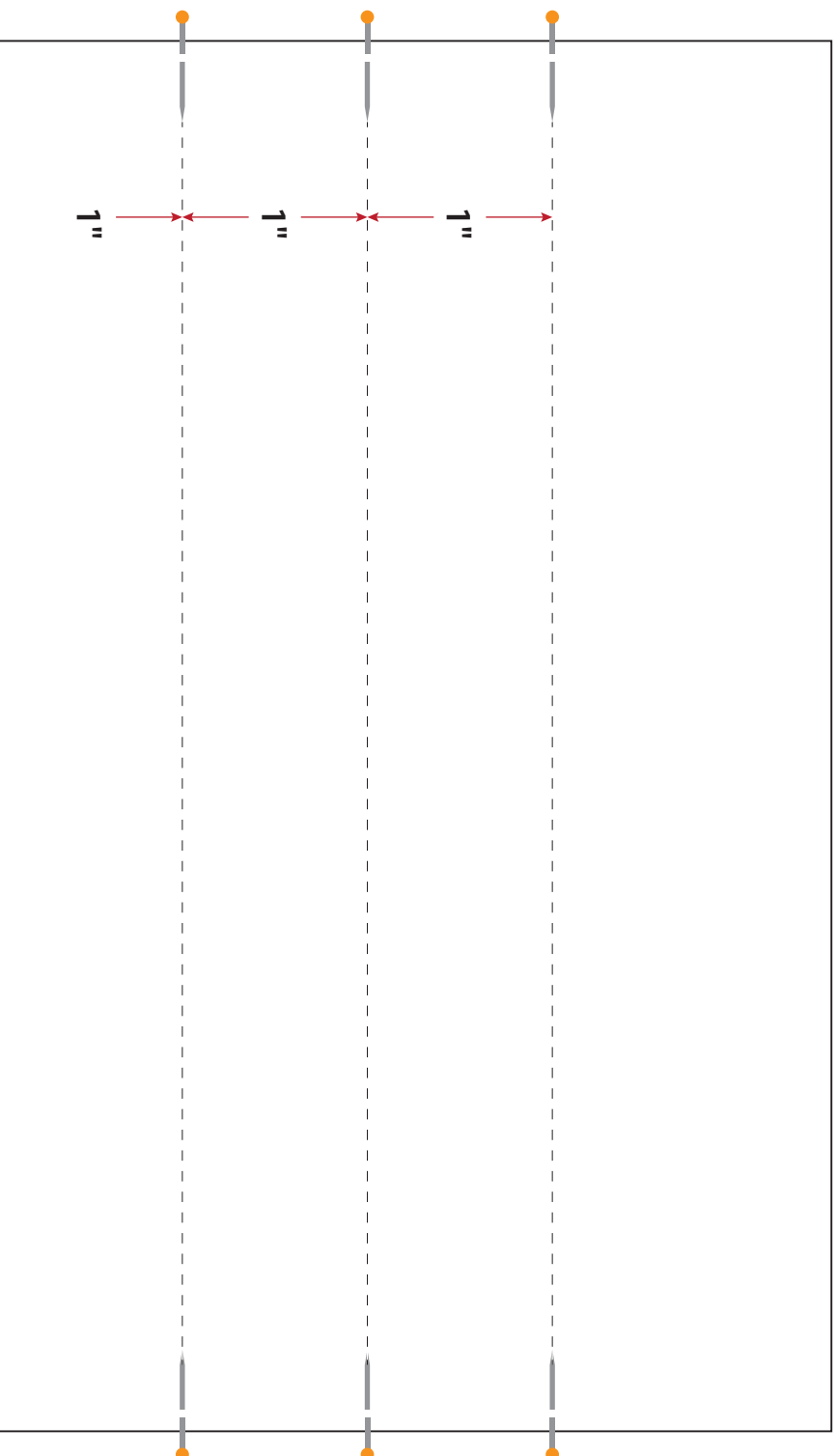
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SMALL size Pleating Template






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Choosing the Right Face Mask

Last updated: April 7

	Who?	When?	Safety
Homemade or Paper Mask 	General public	Social distancing is not possible; scarves and bandanas can be used as substitutes	Cloth masks should be washed after each use; don't wear them damp or soiled with spit or mucus
Surgical Mask 	Health care workers and patients in health care settings	During single or multiple patient interactions or routine health procedures; recommended when N95 respirators aren't available	Should be discarded after each patient encounter; extended use is preferable to reuse
N95 Respirator 	Health care workers only	Caring for patients with COVID-19 and performing procedures that put them most at risk of virus exposure	Should be discarded after each patient encounter; extended use is preferable to reuse