

Striped Quilted Hot Pads

I'm happy to share this free pattern for today that I've made a few times now- a cute striped quilted hot pad.



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I've made [one of these before](#), as well as other [simple patchwork hot pads](#). Today's version was a gift for a friend, so I tried to match the vibe of her living room with the colors, and chose a [backing that I knew she would appreciate](#).

Fabric requirements:

scrap strips ranging in length and width
9" square regular batting
9" square Insul Brite
9" square backing fabric
2.5" x WOF binding fabric

Steps:

(I've shown this whole process on [IG stories](#) if you like videos better than words!)

1. Start with a 9" square of scrap batting. I followed [this tutorial](#) to sew the fabric in place, but on a piece of batting instead of paper.

2. Add some [hand stitching](#) on a few of the rows.

3. [Spray baste](#) the strip block and batting to an additional layer of [Insul Brite](#), or heat resistant batting. Spray baste a 9" square of backing fabric to the back side of that. Your quilt sandwich will layer as follows:

strip block

batting

Insul Brite

backing

4. Using an [erasable pen](#) and walking foot, quilt some additional lines through several of the stripes to attach it to the backing and add texture. Trim it up to 8.5" square.

5. Attach binding, keeping the seam allowance a tad narrower than usual to make room for the double layer of batting. (You need just one 2.5" x WOF strip.)

6. Using a 2.5" x 5.5" strip of fabric, press a double fold and topstitch along both edges. Fold into a loop and zig zag stitch to the corner of the hot pad. Sew a button over the raw edges.

I have a little stash of cute buttons that I've been collecting over the years. This one is similar to these [Flower Buttons](#), and I also found some cute [Polka Dot Buttons](#), and [Patterned Wood Buttons](#). I would love to own all of them :) I adore buttons but don't use them often since I don't make clothes. Yet!



Here are some other hot pads patterns I've made for reference:

["Pretty Little Hotpad"](#) pattern by Amy Sinibaldi.

[Donuts 1 & 2](#) by Pen and Paper Patterns. I can't seem to find this one anymore.

I still use this [Tasha Noel hot pad](#) with rounded corners and dense quilting.