

lee.a.heinrich
designer and maker

[my studio must-haves](#)

[blog](#)

[contact](#)

[home](#) [search](#)



And yes, I made a video tutorial for this block as well! I'm showing you the process of making this block from start to finish—including my tips for sewing it together *without losing points!* 🎨 Or scroll down for the complete instructions.

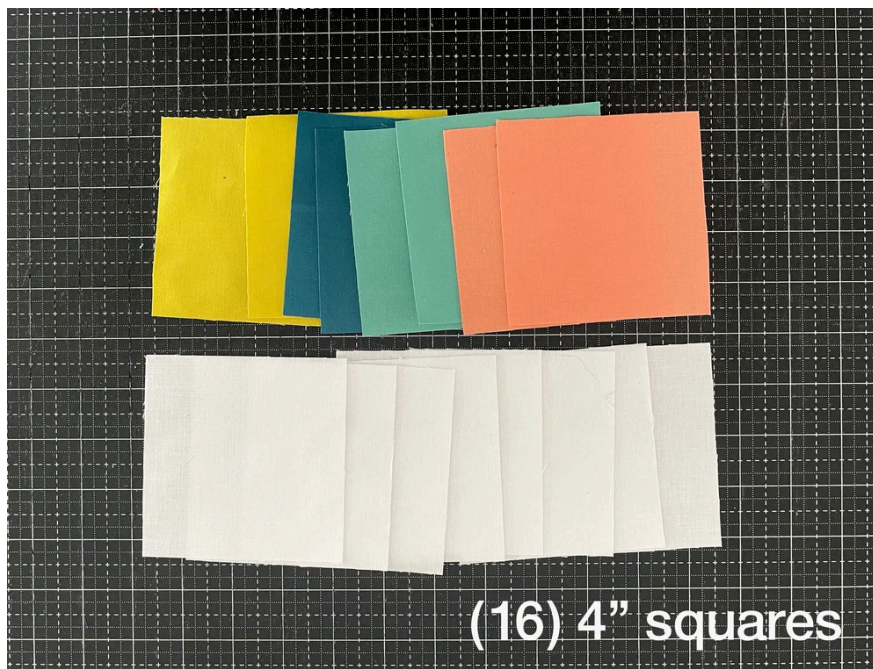
[Watch the Mosaic video tutorial](#)



Not only was she an early career woman, she was a forerunner of the modern quilt designer/influencer. Her columns were written in a casual, conversational format called "kitchen table style," which I'm guessing would sound familiar to most blog readers. Over the years, she designed at least 200 quilt blocks, and no doubt inspired thousands of quilters. Let's pay tribute to Nancy Cabot by making our own Mosaic blocks.

There are at least three ways that I can think of to piece this block, which is made up entirely of half-square triangle units. To keep this block tutorial free of charge, these instructions use the two-at-a-time method of making HSTs. But for an even faster method, consider trying my **Perfect HST Templates**, to make HSTs with no trimming/squaring up or marking lines on the back of the squares! (If you use the Perfect HST Templates to make the HSTs for this block, you'll want the templates on page 12 of the PDF—the 3" finished/3-1/2" unfinished templates.)

Make the Mosaic quilt block



1. Start with 16 - 4" squares. You'll need 8 background squares (I'm using white for my background fabric) and 8 colored squares. (Switching up your colors and contrast can dramatically change the look of this block—for example, you could swap the background and colored pieces, or you could

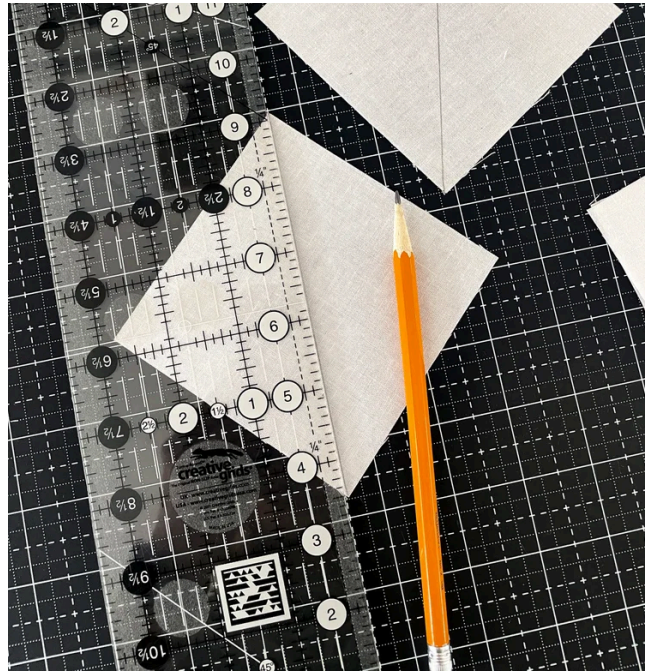
lee.a.heinrich
designer and maker

[my studio must-haves](#)

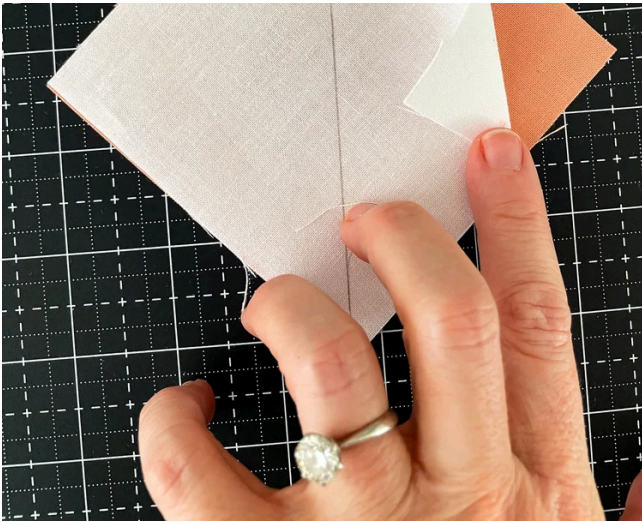
[blog](#)

[contact](#)

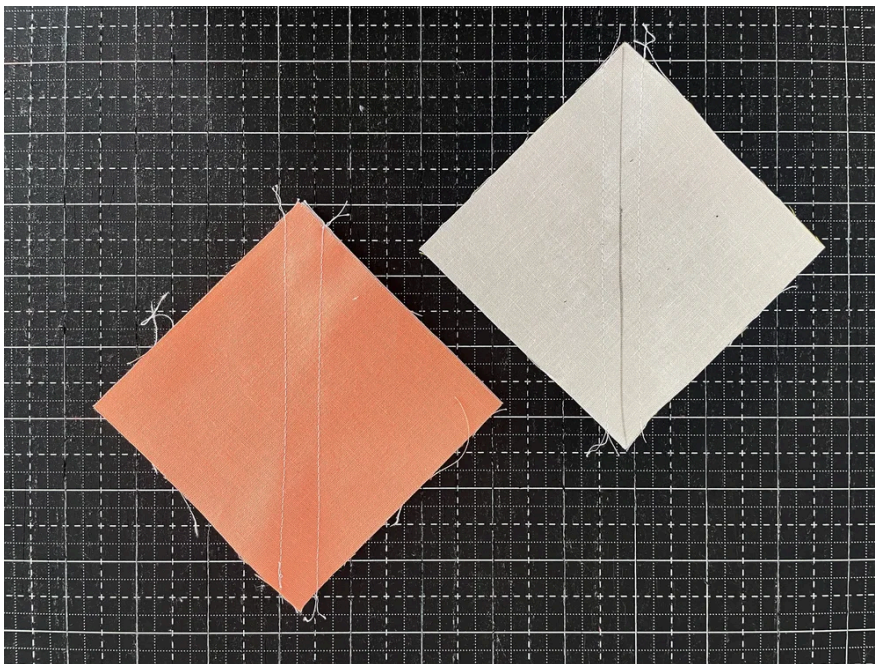
[home](#) [search](#)



2. Using a pencil, mark a diagonal line from corner to corner on the wrong side of your background squares (in my case, that's the white squares).



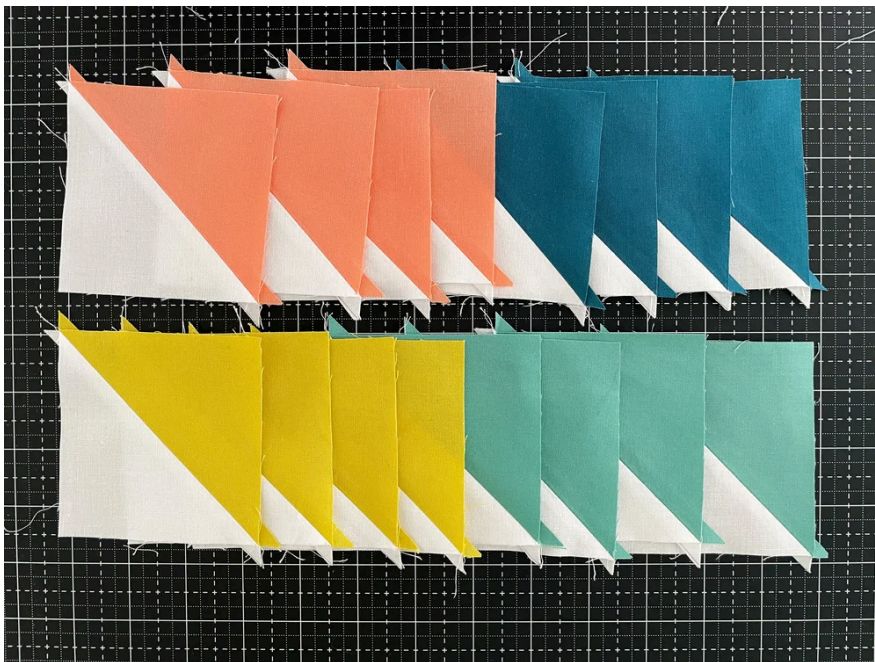
3. Pair up each colored square with a background square, right sides facing. (I'm using solids, so my fabrics don't have a right side and a wrong side, but if you're using prints, the prints should be facing each other.)



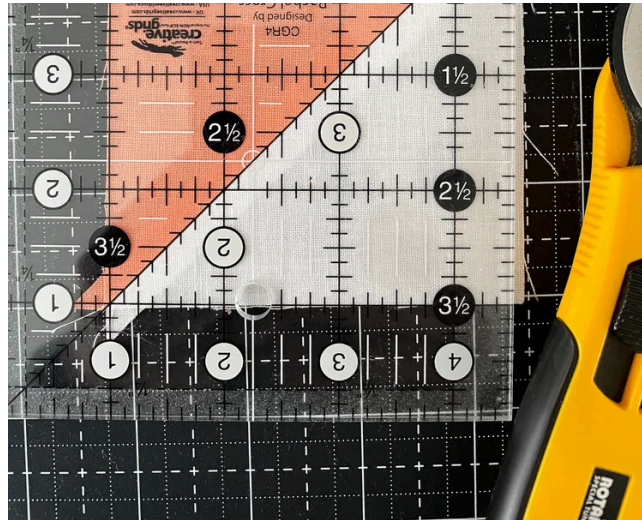
4. Sew 1/4" away from the marked diagonal, on each side of the line.



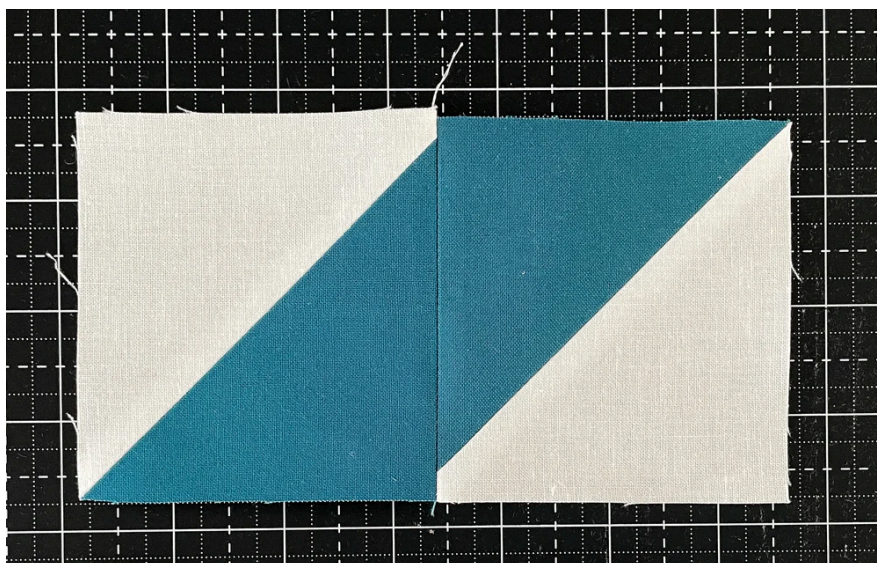
5. Cut on the marked lines to make two HST units. You should now have a total of 16 half-square triangle units (HSTs).



6. Press the HSTs open. I always prefer to press seam allowances open, especially when HSTs are involved, but you can also press your seams to the side. If pressing to the side, press toward the darker fabric.



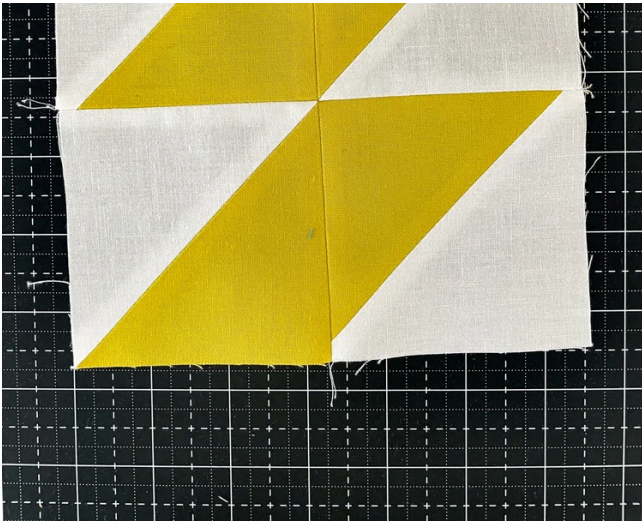
7. Trim your HSTs down to 3.5" square, using the 45-degree angle on your ruler or cutting mat. I always square up my HSTs along the first two edges as shown in the photo above, then turn the square and trim down the other two edges. [See my video](#) for a more detailed look at this process. (And don't forget, you can skip all of this trimming nonsense when you use my **Perfect HST Templates!** 😊)



8. Pair up your HSTs as shown above and stitch together. Sew all the like-color HSTs together so that you have 8 pairs of sewn HSTs, making sure all of your HSTs angle in the same direction, as



9. Pair up your newly-sewn double-HST units, as shown above.



10. Lay them right-sides facing. Sew your pairs together so that you have four 4-patch units that look like the one above.





11. Arrange your completed 4-patches as shown above and sew to complete your Mosaic block.

Your block should finish at 12.5" square.

